

Community Health Fair

Hosted by the Harrisburg Christian Church

Sunday, April 28th

SAVE THE DATE

4:30pm - 7:00pm

FREE EVENT

at the Harrisburg High School Track

From 4:30pm - 6:30pm tables and sponsors promoting various areas of health will be set up around the track. Participants will be encouraged to visit the different tables and find out more about how to live healthier in 2019.

Make sure you visit these tables!

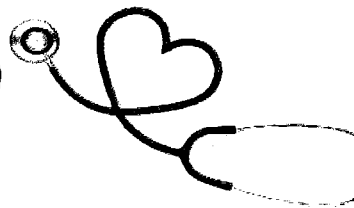
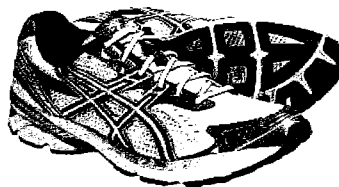
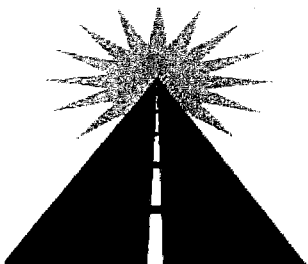
- New Day Counseling Center
- Therapy Unlimited
- Crunchi
- Serenity Massages
- The Freedom of Forgiveness
- Spiritual Health
- Stephen Ministry
- Massages by Kaila
- Norwex
- Live Well Ergonomics
- Maxwell Family Chiropractic

At 6:30 pm, everyone will be encouraged to walk/run the "Harrisburg Mile" on the track.

Each participant who completes the Harrisburg Mile will receive a \$10 gift certificate to a local business such as: *H-town, Williams Family Auto, The Enchanted Willow, Styles by Liza, C&S, Dollar General, Massage by Kaila, Spindle Web, and KP Processing.*

In addition there will be **prizes** awarded to fastest finishers in each age group and prizes awarded to families whose whole household participates.

There will be food available for purchase throughout the event.



See John Gillman for more information

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